



2024 NETBALL SEASON

WELCOME TO 2024!

Welcome to the 2024 Winter Netball Season at Long Plains Netball Club!

We're excited to welcome back all our returning Players, Coaches, Team Managers and Supporters, and we'd like to extend a very warm welcome new members of our club.

Round 1 of the season kicks off on **Saturday 20th April**, we're we will head to Virginia to take on the Rams. Our annual ANZAC Day clash against Mallala will be held in Round 2 on Thursday 25th April at home.

As part of the Adelaide Plains Netball Association, our games are held every Saturday with break rounds for Country Championships. Our home games are held at Long Plains, and away games will be at Two Wells, Mallala, Angle Vale, Virginia, Hamley Bridge, Balaklava, Port Wakefield or Lochiel.

We're excited again for an exciting season working with the United Football Club and there is some great events in the pipeline for our Clubs! Stay tuned for more details about Gourmet Day, Auction Nights, Ladies Day, Reunions and Presentations.

REGISTRATION

Junior and senior players will need to register again through PlayHQ for the 2024 season. You will need to create a new user profile if you are new to the system and set up your registration. Payment must be made online at the time of registration by credit/debit card.

This year PlayHQ are working with PayPal to offer a pay-in-4 option, and this is expected to roll out at the end of January. More details will be advertised once this is available.

REGISTRATION OPENS: Sunday 21st January

REGISTRATION CLOSES: Friday 15th March

Please see the contact list page for help with registering or contact longplainsnc@gmail.com. We will be available on trial dates and training nights to help with any registration questions or to process it for you if needed.

All players must complete the online Medical Form & Player Agreement prior to registration [HERE](#)

KEY DATES 2024

REGISTRATION

Seniors & Juniors close
Friday 15 March

www.playhq.com

ROUND 1, SEASON 2024

Saturday 20 April

Virginia vs Long Plains
@ Virginia

ROUND 2, ANZAC ROUND

Thursday 25 April

Long Plains vs Mallala
@ Long Plains

1st SEMI FINAL (ELIMINATION)

Saturday 24 August
Mallala

2nd SEMI FINAL (QUALIFYING)

Saturday 31 August
Lochiel

PRELIMINARY FINAL

Saturday 7 September
Two Wells

GRAND FINAL

Saturday 14 September
Hamley Bridge

PRESENTATIONS

Junior & Senior Presentations
Date & Location TBA

SENIOR NETBALL TRIP

Please see a Committee member if you are interested in organising netball trip or club social events.

LPNC AGM

Monday 14 October 2024

**Please note these dates may change during the Season as the Program is finalised further.*

Registration can be made by the following link:

[REGISTER HERE](#)

Or by visiting www.playhq.com
and searching for 'Long Plains Netball Club'

Any outstanding monies owed to the club must be paid on or before registration, including for uniforms or merchandise; otherwise players will not be eligible for selection.

SUBS

Once again there has been a significant sub increase from Netball SA. This year we will be offering an early-bird fee for both juniors and seniors to keep costs as low as possible for all members.

Reminder that the Netball SA portion of your subs covers players insurance for 12 months, including if you play summer netball for a Netball SA-affiliated competition.

All non-playing umpires, coaches and team managers will be required to register via PlayHQ this season to ensure that you are covered by Netball SA's insurance. Further details of how to do this will come through in the coming weeks - stay tuned.

JUNIOR PLAYER REGISTRATION	SENIOR PLAYER REGISTRATION	ASSOCIATE MEMBERSHIP
DISCOUNT SUB \$135 Use code A4BEC1F8	DISCOUNT SUB \$150 Use code EDE975C4	
FULL SUB \$140 from 1 st March	FULL SUB \$160 from 1 st March	FULL FEE \$30
Includes annual Netball Australia & Netball SA membership fees (\$92.79)	Includes annual Netball Australia & Netball SA membership fees (\$111.69) Plus voting rights at AGM & Special General Meetings	Voting rights at AGM & Special General Meetings

SPORTS VOUCHERS

2024 SA Sports Vouchers are available to all students in Reception to Year 9 (born 2009-2019). This entitles each student to a \$100 voucher per calendar year. The vouchers can only be used once and not split between various activities.

If you would like to claim for your child's netball subs, please complete at the time of registration by selecting "use a government voucher" at the payment stage. See the final page for steps.

Please note you will not need to complete the paper or online sports voucher form if you claim the discount at the time of registration.

SENIOR TRIALS & SELECTION

All senior players intending to play for Long Plains Netball Club in 2024 MUST ATTEND TRIALS to secure themselves in a team. Numbers for seniors are looking good this season and we anticipate all five senior grades will be selected at trials.

Attending trials will also ensure that our club has early squad development to start the season strong. Trainings will continue weekly thereafter. Seniors train on TUESDAYS, with the last week of the month training on THURSDAYS.

Squad selection will be announced following trials by the selection panel. Teams will then be announced 2-3 weeks prior to the first game. All trials will be held at the LPNC courts unless otherwise advised.

Should you be unable to attend a trial please contact Senior Coordinator or Secretary.

TRIAL DATES ARE TO BE CONFIRMED HOWEVER THEY WILL BE HELD IN MARCH

Our amazing pre-season program developed by PEAQ and our A1 Coach Nicolle will extend throughout February, but there will be plenty of time after trials for teams to work together before the first game of the season.

Any questions about Senior Netball? Please chat to Senior Coordinator, Kirstyn Rundle 0418 851 178.

JUNIORS

This year APNA have brought in changes to our lower grades to ensure we can get more players on the court each week. This will also align our grades with Country Champs teams who play on the June long weekend each year.

Juniors born in 2016 and turn 8 before Saturday 20 April will be eligible to register (and play in Under 9s). If you're unsure if your child will be eligible to register, please speak to Monique or email us.

Juniors aged 5-8 are eligible to take part in our Cubs Program (similar to Netball SA's NetSetGo program) which runs during Term 2.

Further details of the Cubs program will be provided closer to the start of the season - please do not register now!

Junior training and trials will commence in early February for U17s, U15s, U13As, U13B, U11s & U9s. Trainings are held on Thursday afternoons. Tea is available to purchase each Thursday night at the Football Clubrooms.

We will also be holding a Parent Information Night on the first training night to meet the Coaches, Committee and other club members. More details will be announced closer to the time.

We love seeing our Junior parents around the club and there are many ways you can get involved from timing or scoring junior games, canteen, fundraising, coaching, team managing and umpiring. Please let us know how you would like to help!

Any questions about Junior Netball? Please chat to Junior Coordinator, Monique Pym 0419 010 413.

CLUB UPDATES & COMMUNICATION

All news, announcements, rosters and events will be posted to the Club's Facebook page and private group [@LongPlainsNetballClub](#) - please request to join the group if you haven't already.

Communication will also come through email and club eNewsletter. Check your junk folders if you're not receiving these or request to subscribe through our website.

Junior parents will be invited to download the app 'Spond' which will contain full details of weekly trainings, games and club notices as posted by each team's coach or team manager. Senior teams may also use the same app at coaches discretion. Coaches may



contact players or parents via text message, phone calls or through team Messenger groups if required.

Our rosters will be distributed at the beginning of the season and all players (or parents) are asked to undertake at least one job alongside playing each week for the netball club. Clubs run on volunteers and it's very important to share the load. Just by contributing a little of your time, you are playing a crucial role in keeping our wonderful club running.

UNIFORMS

All dresses need to be ordered through the club. If you require a new dress this season, please ensure to place your order before the end of February. Fittings can be done at pre-season, trial games and before trainings.

Uniforms, training shirts and socks can be ordered directly through Treasurer Sharon McArdle with payment by EFTPOS or direct debit. All other merchandise can be ordered online. Our online store will be opening soon for orders before the start of the season.

A range of merchandise will be available to order online including jumpers, jackets and umbrellas. There are some sizes available of most gear in the Clubroom to try-on.

Any questions please contact Sharon McArdle 0419 843 567 Email: lpnctreasurer@gmail.com

COMMITTEE

We'll like to extend a huge thank you to Josie McArdle who has stepped down as our Club President to step into the Association President role. Josie has been President since 2020 (and multiple years as Vice-President and President before then) and is an invaluable wealth of knowledge to the club with a passion for junior skill development.

Joining Josie at Association level, Kateena Jenkin will be stepping down from Club Secretary to go into Association Secretary role. We are currently on the hunt for a new Secretary - for full details please chat to Kateena or another committee member! We have all the resources and support to provide anyone wishing to give this a go.

We'd like to thank Irene Toholke who has represented Long Plains the past two years at APNA as Vice-President and Country Champs Coordinator.

There have been a couple of changes on the committee front this season, and we are working towards another fun and successful year. A warm welcome to our new committee members and thank you to those continuing for another term.

We'd like to kick-start our netball social committee again, to work in collaboration with the Football Club's committee to bring some awesome events to Long Plains throughout Winter. If you're interested in being part of this committee and keen to coordinate social events, please contact a member of the netball committee.

A list of our committee members is available at the end for your reference.

SPONSORSHIP OPPORTUNITIES

As a community club ran by volunteers, we rely on the generous support of our sponsors to continue operating. Sponsorship packages include financial or in-kind donations.

If you are interested in finding out more about our sponsorship packages, please contact our Sponsorship Coordinator, Alicia Sharman 0439 865 449 Email: lpncsponsorship@gmail.com

GO TIGERS!

After great performances from our Club in Season 2023, we are looking forward to seeing what this year holds for us. With the continuing support of all our Club Members, Sponsors and Supporters we are positive we can continue with great success both on and off the Courts this season.

We have some exciting work around the club we are hoping to achieve with fundraising projects to finish off including the storage area and pathways.

The wish list continues with new toilets and changing areas on the radar to go along the back of the current shed. There is always something to do and work towards!

If you can help us, please feel free to volunteer your time and skills. We would love to have you on board!

Kind regards,

2024 Long Plains Netball Committee



2024 LPNC COMMITTEE CONTACTS

PRESIDENT	Cathy McArdle	0417 802 914	cathyandjarrad@gmail.com
VICE PRESIDENT	Skye Colley	0439 860 908	skye@cjrifabry.com.au
TREASURER & MERCHANDISE	Sharon McArdle	0419 843 567	lpnctreasurer@gmail.com
SECRETARY	<i>vacant</i>		longplainsnc@gmail.com
SENIOR COORDINATOR	Kirstyn Rundle	0418 851 178	kirstynrundle@gmail.com
JUNIOR COORDINATOR	Monique Pym	0419 010 413	monique@avonhills.com.au
COUNTRY CHAMPS REPRESENTATIVE	Tracy Starr	0421 603 590	starmac71@gmail.com
CHILD SAFETY & GRIEVANCE OFFICER	Rebecca Houston	0447 069 641	bec.houston29@gmail.com
UMPIRE COORDINATOR	Sarah Kenny	0400 291 622	sarahdublingeneral@outlook.com
COMMITTEE MEMBER & APNA PRESIDENT	Josie McArdle	0412 907 974	josie-mac@bigpond.com
COMMITTEE MEMBER & APNA SECRETARY	Kateena Jenkin	0437 796 045	ckjenkin12@gmail.com
COMMITTEE MEMBER	Leanne Garwood	0417 858 075	lee_lee@live.com
COMMITTEE MEMBER	Shae Kaminski	0438 857 269	shae_31@hotmail.com
COMMITTEE MEMBER	Jess Daniel	0407 380 763	jessicaandtodd@hotmail.com

OTHER CLUB CONTACTS

SPONSORSHIP Alicia Sharman 0439 865 449 lpncsponsorship@gmail.com	NETBALL TRAINER Shelley Litzow	NETBALL CARE PERSON Merrilyn Good
CLUB HISTORIAN LIFE MEMBER MANAGER Karen Tynan	GRANTS OFFICERS Mary-Jane McArdle Monique Pym	TRIBUNAL DELEGATE Ray Bennett

HOW TO REGISTER

PLEASE **DO NOT REGISTER** YOUR CHILD IF THEY ARE BORN IN 2019, 2018 or 2017 - DETAILS OF OUR CUBS PROGRAM WILL COME SOON.

JUNIORS MAY ONLY REGISTER IF THEY TURN 8 BEFORE 20 APRIL 2024 - JUNIORS BORN AFTER THIS DATE, PLEASE CONTACT US TO BE PLACED ON THE WAITLIST.

Step 1: Login to your PlayHQ account or create a new one for first time users. www.PlayHQ.com

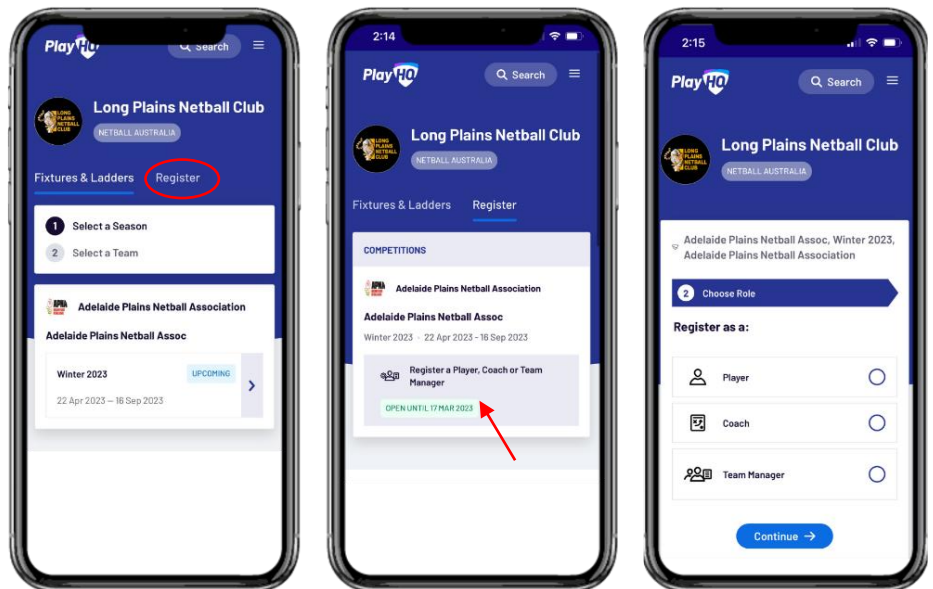
Step 2: Select "Register" from the top menu (next to Fixtures & Ladders), then "Register a Player, Coach or Team Manager" for the Adelaide Plains Netball Association Season 'Winter 2024'

Step 3: Select yourself/child as the person you are registering

Step 4: Register as a Player

Step 5: Complete the registration details (apologies there are a lot of Netball Australia questions!)

Step 6: Proceed to payment



EARLY BIRD DISCOUNT

Early bird discounts are only valid for registrations received by 1st March 2024. No further discounts will be available for registrations.

Junior Players use code: [A4BEC1F8](#)

Senior Players use code: [EDE975C4](#)

SPORTS VOUCHERS

Step 1: Proceed to register your child through PlayHQ as normal

Step 2: Select the "I have a Government Voucher" link on the end payment screen in PlayHQ

Step 3: Select "Sport Voucher (SA) from the drop down menu and answer the provided questions

Step 4: Enter your child's Medicare number, including their reference number into the voucher code section (11 numbers in total) and press "apply"

Step 5: Your \$100 discount will be applied toward the total and the remaining balance will need to be paid.

